



Su Spa – A Sanctuary of Goodness and Harmony, Inspired by the name Sumitra, “Su” in Balinese means good and that is the heart of our philosophy. At Su Spa, we are dedicated to delivering a genuinely good and memorable experience for every guest. Embracing the essence of goodness and harmony, we nurture connections between people and nature through treatments designed to restore balance, soothe the body, and calm the mind in a peaceful, natural setting. With warm hospitality and skilled therapists, Su Spa offers more than just a service, it offers a journey of relaxation, renewal, and inner peace.



Massage

Massage provides a host of health enhancing benefits. It can help to lower blood pressure, increase blood circulation and lymph flow, relax muscles, improve skin condition reduce stress and deliver a harmonies feeling of mind-body wellness. Feel tension melt away and the rapture begin under the expert hands of our therapist.

Su – Signature Massage 75 minutes

1.000.000 IDR

Experience the ultimate transformation as expert hands work away stress, tension, and fatigue. Our Signature Spa Massage blends the best of Balinese, Deep Tissue, and Thai techniques to improve circulation, release tight muscles, and leave you feeling completely recharged.

Balinese Massage

Our Traditional Balinese Massage invites you to surrender body and mind to a deeply restorative experience. This holistic therapy blends long, flowing strokes, gentle stretches, acupressure, and rhythmic kneading, applied with intuitive precision and care. Rooted in ancient wisdom, it melts away muscle tension, calms the mind and relaxing

60 minutes

800.000 IDR

90 minutes

1.200.000 IDR

Deep Tissue Massage

Designed to release chronic tension, it combines long, deliberate strokes with targeted pressure point techniques to stimulate circulation, ease muscle tightness, and restore balance to your inner energy flow. Through skilled pushing, kneading, and deep pressure, this massage coaxes tired muscles into a state of relief and renewal. Perfect after a long flight, a late night, or whenever your body craves restoration.

60 minutes

1.000.000 IDR

90 minutes

1.500.000 IDR

Healing Stone Therapy 60 minutes

1.200.000 IDR

Warm and cool river stones are expertly applied in rhythm with flowing massage techniques, melting away tension, easing weary muscles, and reawakening your energy centers. Ideal for refreshing a tired body and uplifting the spirit, this treatment blends the grounding power of nature with the healing touch of intuitive hands.



Custom Designed Massage

800.000 IDR

This fully personalized treatment is designed in collaboration with you, simply let us know your areas of focus, and our skilled therapists will tailor the techniques and pressure to suit your preferences. Whether you seek deep relief or gentle relaxation, this session is crafted entirely around your wellbeing.

Four Hand Massage 60 minutes

1.500.000 IDR

In this sublime massage experience two therapists perform a choreographed dance and smooth your mood. This is the ultimate guilt-free indulgence. Two therapists work together in perfect harmony to deliver to you the most incredible massage.

Reflexology Massage

This revitalizing treatment focuses on the feet and legs to promote healing throughout the entire body. Based on the ancient art of reflexology, it targets specific pressure points on the feet that correspond to internal organs and systems. Gentle yet precise stimulation of these points helps improve circulation, release tension, and restore the body's natural balance and energy flow.

45 minutes

500.000 IDR

60 minutes + hot compress

700.000 IDR

75 minutes + lime foot bath

900.000 IDR

Prenatal Nurture Massage 60 minutes

900.000 IDR

Specially designed for mothers-to-be after the first trimester, this gentle massage offers soothing relief and deep relaxation for both mother and baby. Using safe, supportive techniques and our specially formulated Nurture Oil, this treatment helps ease pregnancy-related tension, improve circulation, and promote overall well-being.

Postnatal Recovery Massage 60 minutes

900.000 IDR

Designed specifically for new mothers within the first 12 weeks after childbirth, this restorative massage supports both physical healing and emotional well-being during the postpartum period. Gentle yet effective techniques help relieve muscle tension, reduce swelling, and soothe areas of soreness, recovery, and a renewed sense of balance as your body adjusts after birth.

After - Sun soothing body wrap 60 minutes

700.000 IDR

Soothe and hydrate sun-exposed skin with this deeply cooling treatment. A blend of aloe vera, cucumber, and botanicals restores moisture and calms the skin. Wrapped in banana leaves, you'll relax with a scalp massage before rinsing off and finishing with a sun-repair gel, leaving your skin soft and refreshed.

Body Scrub Only 45 minutes

650.000 IDR



Su Signature Facials

Sensitive Skin Facial 60 minutes

900.000 IDR

Perfect for sensitive skin, this treatment uses gentle, nature-inspired ingredients to nourish and refresh your complexion. We use a trusted range of Indonesian pharmaceutical-grade facial products not fully organic, but highly effective in cleansing, exfoliating, toning, and moisturizing

Traditional facial 60 minutes

800.000 IDR

Experience the gentle power of nature with this traditional facial ritual. Your treatment begins with a soothing blend of yogurt and honey as a natural cleanser, followed by a gentle scrub made from pure, natural ingredients to exfoliate and refresh the skin. Enjoy a calming facial massage using nourishing coconut oil, then relax with a cooling cucumber mask while receiving a comforting hand massage. The experience concludes with the application of a traditional moisturizer to hydrate and maintain your skin's natural glow.

Spa Packages

Romantic Honeymoon Spa Package

Celebrate love with our specially curated couples experience, designed for ultimate relaxation and connection. Begin with a 60-minute Balinese massage, followed by a 30-minute body scrub to leave your skin soft and glowing. After a refreshing shower, unwind together in a 30-minute aromatic flower bath. Complete the 2-hour journey with warm ginger tea and homemade cookies. Upgrade to our 3-hour package to include a soothing aromatherapy facial, perfect for couples seeking a deeper escape into bliss.

Honeymoon Package 2 hours

5.000.000 IDR

Honeymoon Package 3 hours

7.500.000 IDR

Island Indulgence Ritual 2 hours

2.500.000 IDR

Treat yourself to a blissful escape with this nourishing head-to-toe experience. Begin with your choice of a 30-minute refresher facial or relaxing foot massage. Then, revitalize your skin with our aromatic vanilla and coconut body scrub—delivering deep exfoliation and a touch of tropical luxury. A soothing 60-minute full-body massage follows, using our signature oil to ease tension and restore balance. The ritual concludes with a rich carrot body conditioner to deeply hydrate and leave your skin silky-smooth and glowing with wellness.



Royal Javanese Lulur Ritual 2 hours

2.500.000 IDR

Indulge in a timeless beauty tradition once reserved for Javanese royalty. This exquisite body therapy begins with a luxurious application of jasmine-infused rice powder blended with traditional spices, gently exfoliating the skin and awakening the senses. A soothing yogurt body mask follows, deeply nourishing the skin and leaving it silky-soft and delicately fragrant. After a refreshing shower, your journey continues with a full-body massage and a calming 30-minute aromatherapy flower bath. Complete your royal escape with warm ginger tea and homemade cookies.

Balinese Boreh Ritual Package 2 hours

2.500.000 IDR

Ease tension and restore balance with this deeply therapeutic treatment, perfect for relieving jet lag and fatigue. Begin with a 60-minute aromatherapy massage to relax the body and calm the mind. This is followed by the application of traditional warm Balinese boreh. While your body is wrapped in this revitalizing blend, enjoy a soothing 30-minute scalp or foot massage. A cooling cucumber application follows to calm and refresh the skin before a warm shower leaves you feeling renewed and re-energized.

Ultimate Indulgence Package 3 hours

3.500.000 IDR

Unwind with this luxurious full-body experience designed to relax, rejuvenate, and refresh. Begin with a 60-minute Balinese massage to melt away tension, followed by your choice of a 30-minute body scrub to gently exfoliate and soften the skin. Soak in a calming 30-minute aromatherapy flower bath while enjoying warm ginger tea and cookies. Your journey concludes with a refreshing 60-minute facial, leaving your skin radiant and your body completely renewed.

Volcanic Anti-Cellulite Body Scrub 90 minutes

2.000.000 IDR

Harness the power of Bali's mineral-rich volcanic clay in this invigorating body scrub designed to target uneven skin texture and boost circulation. A blend of volcanic clay, sea salt, and sugar gently exfoliates dead skin. A mild tingling sensation may occur as the active minerals work to detoxify and tone the skin. For best results, a series of treatments is recommended. After a refreshing shower, your ritual continues with a deeply relaxing full-body massage to complete the experience.

Mother's Nurture Package 2 hours

2.500.000 IDR

Soothing experience crafted for expecting and new mothers. This package includes a refreshing traditional facial to revive the skin and a specialized pregnancy massage using safe, nurturing oils and a custom-designed pregnancy pillow for ultimate comfort. Relax, restore, and support both body and mind during pregnancy or postpartum recovery.



Junior Spa menu

My Prince & Princess Package 30 minutes

600.000 IDR

15 minutes Scalp Massage+French Braiding (simple Braiding).

My Prince & Princess Package 45 minutes

850.000 IDR

30 minutes Back Massage + normal nail polish.

Kids Nail Packages 60 minutes

1.000.000 IDR

Mini Me manicure with nail art.

Mini Me pedicure with nail art.

Extra 15 minute massage for hands and feet.

Mother and Daughter 60 minutes

1.500.000 IDR

Celebrate a special bond with a shared moment of relaxation and connection. Enjoy side-by-side treatments with your choice of a 60-minute Balinese Massage or Traditional Facial perfect for unwinding together and creating beautiful memories. A gentle, nurturing experience designed for mothers and daughters to cherish.

Father & Son 60 minutes

1.500.000 IDR

Spend meaningful time together with this bonding experience designed for fathers and sons. Choose between a 60-minute Balinese Massage or a relaxing Scalp & Hair Treatment. A perfect way to unwind, reconnect, and strengthen your special relationship in a calm and nurturing setting.



Manicure & Pedicure

Experience flawless nails with the expert touch of our SU-trained nail technicians. Committed to the highest standards of hygiene, we use only disposable items or sterilized stainless steel tools for every treatment. Enjoy perfectly groomed hands and feet in a clean, safe, and relaxing environment that prioritizes your well-being.

Express Classic Manicure 45 minutes **700.000 IDR**

A quick yet thorough treatment for well-groomed hands. Includes a relaxing hand soak, precise cuticle care, and expert nail shaping perfect for those who prefer a clean, natural look without polish.

Signature Manicure 60 minutes **850.000 IDR**

A swift yet meticulous manicure featuring a soothing hand soak, careful cuticle grooming, expert nail shaping, and precise polish application.

Express Basic Pedicure 45 minutes **750.000 IDR**

A quick yet thorough pedicure featuring a relaxing soak, gentle callus removal, nail clipping, trimming, and expert shaping finished clean and natural, without polish.

Signature Pedicure 60 minutes **900.000 IDR**

Short on time, big on results. Enjoy a refreshing soak, gentle callus care, precise nail trimming and shaping, and a flawless polish finish.

Add Ons

Nail Art (Flower) **200.000 IDR**

Back Massage 30 minutes **400.000 IDR**

Scalp Massage 30 minutes **400.000 IDR**

Spa Body Mask **350.000 IDR**

Su Spa Regulations

Opening Hours: 10:00 AM – 8:00 PM

Please Arrive: At least 5 minutes before your appointment

Pregnancy Notice: Please inform us and note on the consultation form

Cancellation Policy: 24-hour notice required for any changes

Gift Certificates: Available at reception – transferable but non-refundable

Retail Boutique: Explore our handpicked spa & lifestyle collections—perfect for gifting or home self-care