



Flow
MAIN MENU

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Operation Hours: 11:00 AM - 23:00 PM

LIGHT PLATES

Tuna, Egg & Asparagus Grilled Tuna, Asparagus, Egg With Garlic Mayo & Chilli Salsa	195.000
Balinese Satay Pork Satay & Peanut Sauce	150.000
Balinese Spring Rolls  Deep Fry Spring Rolls, Carrot, Cabbage & Beansprouts, Romaine & Sweet Chilli Sauce	80,000
Truffle Bacon Fries French Fries, Crispy Bacon Bits, Truffle Paste, Parmesan & Truffle Mayo.	175.000
Pork Rillons with Sweet Chilli Sauce Sea Pork Confit Bites, With Balinese Pineapple Pickles & Sweet Chilli Sauce	145.000

SOUPS

Egg Drop Cream Sweetcorn Soup Sweetcorn Cream Soup With Slurry Egg With Garlic Bread	80.000
Minestrone Soup Tomato Base Soup With Cabbage, Zucchinis, Carrots, Pasta With Garlic Bread	100.000

SALADS

Sumitra Chicken Caesar Crumb Escalope Chicken, Mesclun Mix, Bacon, Crispy Bacon Bits, Croutons & Caesar Dressing.	145.000
Mushrooms with Truffle Soy  Roasted Mix Mushroom Of White Button, Oyster, Shimejis, Egg, Romaine With Truffle Soy Vinaigrette & Shave Parmesan	180.000
Prawn, Berry Tea Watermelon & Feta Grilled Spice Prawns, Berry Tea Watermelon, Basil Sugar, Almonds & Feta	185.000

MAINS

Steak Frites US Striploin, Fries, Petite Salad & Dijon Mustard.	400.000
Honey Milk Brined Pork Loin Chop Grilled Honey & Milk Brined Pork Chop, Apple Slaw & French Fries.	250.000
Pork Katsu Gochujang Lime Butter Panko Crumbed Pork Loin, Mash Potatoes & Melted Gochujang Lime Flavoured Butter.	240,000
Classic Roast Chicken Half Roasted Grilled Chicken, Cous Cous, Market Vegetables & Chicken Gravy.	110.000
Fish & Chips Sea Battered Barramundi, Tartare Sauce, Petite Salad & French Fries.	200.000
Pan Seared Barramundi Barramundi With Market Vegetables And Roasted Potatoes Choice Of Sauce (SAUCE VIERGE/BUERRE BLANC)	200.000

PASTA, NOODLES & RICE

Seafood Linguine Marinara Prawn, Squid, Clams, White Wine and Marinara Sauce	180.000
Spaghetti Bolognese Mince Beef Ragu & Red Wine.	170.000
Spaghetti Meatballs Spaghetti With House Made Beef Meat Ball in Pomodoro Sauce.	170,000
Sumitras Spaghetti Carbonara Pork Confit, Bacon, Whipped Egg Yolk & Parmesan Sa uce.	180.000
Spaghetti Aglio Olio Vegetarian  Sea Asparagus, Mushrooms, Broccoli, Zucchini, White Wine, Basil & Chilli.	145.000
Yakisoba Style Noodles  Tofu, Cabbage, Carrots, Peppers, Onions, Mushrooms, Asian Greens, Beansprouts & Yakisoba Sauce.	150.000
Mie Goreng Prawn, Chicken, Cabbage, Carrot, Asian Greens, Beansprouts, Balinese Spice, Kecap Manis, Fried Egg.	150.000
Sumitras Nasi Goreng Fragrant Rice, Balinese Spices, Kecap Manis, Prawns, Chicken, Pork Satay, Pickles & Fried Egg.	170.000

BURGERS

Cheeseburger House Made Beef Burger, Cheese, Gherkin, Mesclun, Tomato, Grilled Onion With Apricot Mustard Mayo & French Fries	185.000
Korean Chicken Burger Crispy Boneless Chicken Leg, Korean Sauce, Pickles, Mesclun, Tomato, Garlic Mayo & French Fries.	170.000
Veggie Burger  Chickpea, Kidney Beans & Carrot Patty, Soy Glazed, Mesclun, Tomato, Apricot Mayo & French Fries.	170,000

SANDWICHES

Tuna Mayo Tuna Salad Sandwich, Cheddar Cheese & Tomato.	155.000
B.S.C Egg Sandwich Bacon, Egg, Pork Sausage & Cheddar Sandwich With Mix Peppers, Ketchup & Fried Egg.	150.000
Chicken Mayo & Bacon Sandwich Roast Chicken Mayo, Mesclun, Onion, Tomato and Bacon.	150.000

DESSERTS

Tiramisu Espresso Lady Fingers, Kahlua & Mascarpone Cream.	110.000
Honey Panna Cotta Local Honey Cream Custard, Strawberry Compote.	100.000
Bread and Butter Pudding Croissants, Currant Baked Custard With Vanilla Gelato.	130.000
Fried Banana with Maple & Gelato	110.000
Gelato Vanilla, Chocolate, Strawberry, Berry Sorbet	35.000

All Prices are Subjected with 21% Government Tax and Service Charge



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COFFEE

Espresso Coffee	35.000
Espresso Double	50.000
Americano	50.000
Long Black	50.000
Cappuccino	65.000
Coffee Latte	65.000

NON COFFEE

Ice Tea	30.000
Ice Mint Tea	40.000
Lemon Tea	40.000
Lychee Tea	45.000
Passion Fruit Tea	45.000
Hot Chocolate	60.000
Brewed Tea	45.000
Chamomile Tea / Breakfast Tea / Earl Grey / Jasmine Green	

FRESH FRUIT JUICE 55.000

Experience the essence of nature in every glass with our fresh fruit juices
(Please Check our staff for the available seasonal fruit options)

HEALTH BOOSTER

Seaside Tonic	100.000
Red Apple, Banana, English Spinach, Chia Seeds	
X-Press	95.000
Strawberry, Avocado, Mint Leaf, Beet Root, Red Apple	
Elixir	80.000
Banana, English Spinach, Orange Juice, Red Dragon Fruit	

TROPICAL COCKTAIL

Garden Collin	120.000
Gin, Elder Flower Syrup, Lemon Juice, Basil, Cucumber & Soda Water.	
Strawberry Basil Mash	120.000
Vodka, Strawberry, Basil, Lemon Juice & Ginger Syrup.	
Timber Point Cooler	140.000
Gin, Apperol, Lime Juice, Simple Syrup & Soda Water.	

CLASSIC COCKTAIL 130.000

Long Island Ice Tea
Vodka, Tequila, Gin, Rum, Triple Sec, Lime Juice & Coca Cola.

Caipiroska
Vodka, Lime Juice & Sugar Syrup.

Dry Martini
Dry Gin & Dry Martini.

Negroni
Gin, Sweet Vermouth & Campari.

Margarita
Tequila, Triple Sec, Lime Juice, Sugar Syrup

MOCKTAIL 55.000

Virgin Mojito
Fresh Mint Leaf, Fresh Lime Juice, Sprite.

Virgin Colada
Pineapple Juice, Fresh Pineapple, Coconut Cream.

Passion Mojito
Fresh Mint, Passion Syrup, Lime, Mojito Syrup, Soda Water.

BEER

Bintang 330ML	50.000
Crystal 330ML	55.000
Radler 330ML	50.000
Prost Beer Pilsener 330ML	45.000

WHITE WINE

Penfold Koonungahill Chardonnay	950.000
Tabali Pedgregoso	800.000
Tabali Chardonnay	800.000

RED WINE

Penfolds Cabernet Sauvignon	950.000
Benchmark Shiraz	850.000
Tabali Pinot Noir	800.000

WINE BY GLASS

Hatten Aga Red	125.000
Hatten Aga White	125.000

SOFT DRINKS

Coca Cola	30.000
Coke Zero	30.000
Sprite	30.000
Tonic Water	30.000
Aqua Reflection	45.000
Aqua Reflection Sparkling	45.000



Operation Hours: 07:00 AM - 11:00 AM

HEALTHY STARTER

- **Fruit Platter.**
- **Granola With Berry Compote, Nuts, Dried Fruits And Yoghurt.**
- **Waffles, Glazed Bananas, Berries With Dry Apricot And Mix Berry Sauce.**
- **Pancakes With Strawberry, Mix Nuts And Honey.**
- **French Toast With Glazed Berries And Tiramisu Cream.**

ASIAN PLATES

Bubur Bali

Rice Porridge, Aromatic Spices, Quail Eggs With Tuna, Shallots & Spinach.

Nasi Goreng

Fried Rice, Balinese Spices, Kecap Manis, Prawns, Chicken & Fried Egg

Vegetarian Yakisoba Noodles

Tofu, Cabbage, Carrots, Peppers, Onions, Mushrooms, Asian Greens, Beansprouts & Yakisoba Sauce.

HOT PLATES

Full Breakfast

Fried Egg, Bacon, Pork Sausage, Grilled Tomatoes, Mushrooms,
Baked Beans & Potatoes

Scramble Eggs, Smoked Salmon, Asparagus & Roast Potatoes

Scramble Eggs, Smoked Salmon, Grilled Asparagus, Pesto & Roast Potatoes

Omelettes With Petite Salad

Asparagus, Zucchini, Mint, Green Chilly & Feta (Meat Free) or Prawn Bisque.

Eggs Benedict

Mix Mushrooms & Truffle Hollandaise (Meat Free) or Smoked Salmon Hollandaise

Egg Shakshuka

Poached Eggs, Peppers, Zucchini, Feta & Spice Tomato Base Sauce.

Bubble and Squeak

Crispy Truffle, Mash Potatoes with Cabbage, Carrots, Broccoli, Cauliflower And Fried Egg. **(Bacon or Beef Sausage)**

Big Breakfast Noodle Soup

Egg Noodles In Chicken Broth with Grill Bacon, Pork Sausage, Tomato & Fried Egg

Chicken Noodle Soup

Egg Noodles in Chicken Broth with Grill Tomato, Mix Mushroom, Pak Choi & Roasted Chicken.

All Price are Subjected with 21% Government Tax and Service Charge



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KIDS BREAKFAST

- Bacon, Baked Beans, Egg on Toast
- Scramble Eggs, Breakfast Sausage & Hash Brown.
- Ham and Cheese Croissant.
- Pancake, Glazed Banana, Strawberry & Honey.



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